

# Waypoints

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#### MILESTONES ON OUR VOYAGE

Community Boating Center, Inc.

1641 Padanaram Avenue, New Bedford, MA 02740 (508) 992-6219 www.communityboating.org

## **CBC Named Citizens Bank 'Champion in Action'**

Community Boating Center was recently named a Champion in Action by Citizens Bank and New England Cable News (NECN). Citizens Bank Presi-

dent Robert Smyth and NECN President Charles Kravetz were joined by New Bedford Mayor Scott Lang to present CBC with an unrestricted \$25,000 grant, underwritten by the Citizens Bank Foundation, to support our mission of enriching the lives of young people by exposing them to a new and challenging environment built on trust and respect.

The Champions in Action program is a unique initiative designed to reward the nonprofit organizations that work to champion change in our communities. In selecting a Champion in Action, Citizens Bank and NECN look for a demonstrated history of strong fiscal responsibility and leadership, an ability to show how the recipient will make effective

use of the support and resources being awarded, and what makes the organization unique in its approach to dealing with a particular social con-

cern. In addition to the grant funding, CBC also received continuing coverage on NECN, volunteer support from Citizens and NECN, and advertising in Citizens Bank branches and on Citizens Bank ATMs, as well as on Citizens' and NECN's websites.

NECN's Ally Donnelly spent a beautiful day chronicling CBC's programs and the kids' on-the-water experience. She spent time talking with students to find out why they love CBC and how this opportunity has positively impacted their lives. We invite you to view the interview and NECN's video footage at www.necn.com/category/43/13754.



# 'Opening of the Bay' Celebration a Success!

In May, CBC held its second annual 'Opening of the Bay' Celebration, attracting over 350 friends and CBC supporters to a lantern-lit Sperry tent at Fort Taber. The event raised over \$30,000 to support CBC scholarships for children in need. Guests enjoyed a delicious dinner by New Bedford's M & C's Catering and spent the night dancing to music by Mike Dumas and Platform Soul. This year's balloon raffle and silent auction were a hit, offering an eclectic mix of items to bid on. We would like to thank all of our generous sponsors and volunteers for making this such a special evening, and for making this a memorable summer for so many local youth in need.

#### A Message from the Executive Director

When students are referred to CBC by social workers, we do not see them as "at-risk," but rather "on the brink of success." Our programs are designed to be a step by step process in character development. We recognize that our students' lives may be to windward, a beating battle, but we help them fill their sails and capsize their fears, as they hike towards self discovery. This past summer, CBC served another record number of students in our youth programs. While the cumulative impact we have on our students is tough to measure, the numbers are an important metric because they show we are reaching more kids in need.

CBC is kicking off our Annual Fund drive and this year's campaign goal is \$35,000. The Annual Fund is an extremely important part of CBC's fundraising. Annual Fund contributions support a variety of operational expenses that are crucial for running our award-winning programs. CBC offers a unique program using sailing as a tool to help instill important life lessons in our students, many of whom do not receive positive mentoring in their homes. Now more than ever we need to foster leadership and teamwork values in our local youth. CBC helps students discover that they have limitless potential by exposing them to challenging activities that push their comfort levels and make them think outside the box.

CBC has been recognized by a number of partner and industry organizations as well as governing bodies for the impact we have had on the community. Most recently, we were honored to be named a Champion in Action by Citizens Bank and New England Cable News. I invite you to learn more about these accomplishments in this newsletter.

Thanks to your support, CBC is celebrating 10 years. We have so many accomplishments to reflect on, and an incredible opportunity to impact children in the Greater New Bedford area. Please consider supporting CBC's Annual Fund when you are making your charitable donations this giving season.

With Thanks.

Peter Durant



#### **CBC Awarded Patrick-Murray Grant**

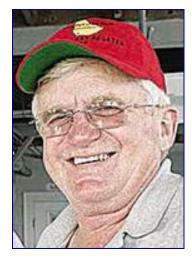
CBC recently received a grant from the Patrick-Murray Inaugural Committee in support of our Beacon of Light Scholarship Fund. The Committee "...agreed that the work done by Community Boating Center, Inc. represents the kind of civic engagement we would like to foster. That our independent review committee chose Community Boating Center, Inc. from nearly 1500 applicants serves as a testament to the valuable and needed work you are doing in your community."

#### **Donate Old Sails and Help CBC**

Do you have any old sails hanging around? Donate them to CBC and we can turn them into scholarships! CBC has teamed with Sea Bags©, an environmentally friendly company located in Portland, ME that recycles used sails and turns them into beautiful, functional totes. For each used sail CBC provides, Sea Bags© will make a donation to CBC. Please help us cultivate this mutually beneficial relationship by donating your used sails to CBC!

#### Remembering D.J. Walsh

CBC was deeply saddened by the loss of our good friend David 'D.J.' Walsh this past July. D.J. was an active sailor and a champion of youth involvement in the sport. A member of the New Bedford Yacht Club, D.J. was often found helping out at youth regattas, either on the water or in the parking lot managing the crowd. Along with Warren Hathaway, D.J. spent hours coaching the Dartmouth High School Sailing Team, sharing his enthusiasm for the sport with the next generation of sailors. As past Chairman of the Buzzards Bay Regatta, D.J. was dedicated to ensuring that any proceeds from the regatta went to organizations such as CBC that are



dedicated to providing youth, regardless of means, with an opportunity to get out on the water. Above all, D.J. was a true mentor. He was giving of his time and energy, and lived his life in a way that was a positive example to the students he worked with. As a tribute to D.J., his family has established a memorial scholarship in his name at CBC. We are honored to ensure that D.J.'s love of sailing and belief in giving back to the community shine on in our students.

To donate to the D.J. Walsh Memorial Scholarship Fund please call CBC or to make a secure donation online please visit www.communityboating.org.

#### Thank you to CBC's 2008 Instructors

Our instructors take an active role in CBC's mission by truly creating an atmosphere of adventure, inclusion, learning, teamwork and responsibility. There is no extrinsic reward we can offer instructors that compares to the intrinsic reward they feel when they have had a positive effect on a student's life. CBC instructors work hard to cater to the individual psychological and social needs of each referred student. Instructors work one-on-one with students with the greatest need. One student refused to go out in water over his head and each day, an instructor worked one-on-one with him as he progressed at his own pace. Instructors had him capsizing in knee deep water and practicing floating in a life jacket. Although he was scheduled to go to other camps over the summer, he continued to sign up for more CBC sessions. And while there were days we saw little progress and occasional regression, on the last week of the program the student sailed into the middle of Clarks Cove in his own. A feat that seems trivial to many was a life transforming experience for this student. This student's confidence was bolstered. He stood up straighter, his nervous tendencies disappeared and he expressed himself openly for the first time. This is one story of one individual, but many other students with different needs were touched in other ways. Thank you to the instructors for their compassion and diligence this summer!

### **Honoring Program Manager, Alex Howland**

At the close of the season we bid farewell to Alex Howland, CBC's Program Manager, who is pursuing a doctoral degree in Organizational Psychology. Alex approached his job with enthusiasm and professionalism, and was a driving force in growing CBC's programs. During his tenure at CBC, Alex added youth programs, helped develop curriculum for our school-based programs and grew CBC's adult sailing and rental programs. Alex's experience as a sailing instructor and his background in psychology made him an excellent mentor and role model, someone our students always felt comfortable learning from and spending time with. His influence will be felt at CBC for years to come. Best of luck Alex!

#### **Volunteers Needed!**

We are always in need of volunteer support. Areas where volunteers are needed include:

**Events**: Opening of the Bay, Family Day, opening and closing of the season

**Administration**: Mailings, grant-writing, distributing promotional materials

**Maintenance**: Fiberglassing, engine repairs, grounds maintenance

#### Sail Southcoast in Demand

Sail Southcoast is thriving! Over 50 adult students participated in adult group and private lessons, rentals or adult outreach programs throughout 2008. Our flexible schedule, affordable rates and program variety make CBC a great place to learn to sail, or rediscover an old passion. Most classes are held aboard a 23 ft. Sonar, a comfortable and easy boat to handle.

Looking for the perfect gift? Consider a CBC Sunset Sail gift certificate! Treat your family and friends to a relaxing sunset sail on Buzzards Bay. They can take the helm with the help of our experienced instructors, or just sit back and enjoy the ride!

### **CBC Hosts Third Annual Family Day**



In partnership with Bank 5, CBC hosted its 3<sup>rd</sup> Annual Family Day in August. Over 150 CBC students, family members and friends gathered at CBC's Clarks Cove site for a day of sailing, barbequing and

lots of fun with the CBC board and staff. Family Day provides our students with a great opportunity to share what they learned over the summer with the important people in their lives. Our students are proud of the boat handling skills they acquire at CBC, and having a chance to show them off bolsters their self confidence and love for the sport. It's also the perfect occasion for our students to reunite with friends they made at CBC over the summer. We're looking forward to Family Day become a long-standing CBC tradition!

# **CBC Hosts SM SAILING Team Race Championship**

"CBC's Clarks Cove site was an ideal location for our event, as the course could be set near their big pier to create a nice team race arena." Joel Hanneman, the SM SAILING Team Race Chair

In August, CBC hosted the 2008 SM SAILING Team Race Championship on Clarks Cove. With over 100 sailors from all over Southeastern Massachusetts, we were able to sail over eighty races over the two day event. Joel Hanneman, SM SAILING Team Race Chair said "CBC's Clarks Cove site was an ideal location for our event, as the course could be set near their big pier to create a nice team race arena." The event proved to be a success despite the light conditions. The Race Committee, led by volunteer Jim Logue, was able to fit in a full round robin the first day and a championship round robin the next. The races featured on-the-water "limited" umpiring, which resulted in very few protests after the racing. Thanks to lead umpires John Pratt, Nick Ewenson and Justin Law, and to the New Bedford Yacht Club which supplied an additional 12 Club 420s. These boats helped keep the teams flowing both on and off the water.

The CBC Race Team finished 10th in their first team event. The kids had a great time and learned a lot about the rules and sailing as a team.

Congratulations to the winning team, New Bedford YC, and runners up Wianno YC and Vineyard Haven YC.

#### **Mentorship & Outreach**

Community Boating Center is proud to be a leading provider for alternative mentorship and outreach programming for at-risk youth in Greater New Bedford. We work closely with local social service, youth advocacy and outreach organizations to identify common issues and programmatic goals, and to spread awareness of each programs' services throughout our community.

We are often asked how the children who need our programs the most benefit from their time at CBC. Two of CBC's referral organizations, the Department of Public Health and Child & Family Services, have offered some insight into the positive effect CBC has on their kids. Their perspectives follow.

"There is a great need in this area to expand programs such as this to introduce our youth to activities that don't involve subjugation and violence." Christine Urban, Child & Family Services

"The F.O.R. Families Program of the Department of Public Health serves families referred by the Department of Transitional Assistance (DTA), all of whom are low income and some of whom are receiving emergency assistance and living in family shelters.

Through the scholarship component, over the years several children had the opportunity to take part in Community Boating's Sailing Program. The feedback from these children was overwhelming – they returned happy and excited, eager to share their experiences of the day! It meant so much to the families to have their children be given the opportunity to partake in something so totally different from their every day lives. Children who otherwise would be staying in their rooms or watching TV get out into the sunshine and experience the empowerment of directing a craft on the water. This energizes them in so many ways. I had one young man come back to the shelter bubbling over with stories, a rare thing for a formerly withdrawn teen boy! And he smiled!!

Thank you, Community Boating, for giving the kids this opportunity!"

Lorraine Art, F.O.R. Families



"Over the past four years I've referred more than 30 children to the Community Boating Center in New Bedford. The population of children that I work with are unlikely to ever

have the opportunity to set foot on a boat for the purpose of recreation. I'm always tickled at the way they brag about their knowledge of nautical terms when they've completed the course. They describe their own heroics recovering from a planned capsize or navigating something as large as a sailboat on an area as vast as the sea without needing any money for gas and almost without any noise. Last year I watched one of my most timid clients become tall and confident after the CBC staff took extra time to take him under their wing and help him overcome his fears of the water.

There is a great need in this area to expand programs such as this to introduce our youth to activities that don't involve subjugation and violence."

Christine Urban, Child & Family Services

#### **CBC's Boat Donation Program**

CBC's Boat Donation Program helps us further our mission of mentorship and outreach through boating. Donations help expand our program equipment, generate funding for operational support, and provide further access to our community's marine environment. Your tax-deductible donation also saves you the time and expense involved in selling your own boat. To find out more about donating, or to purchase one of the boats we have for sale, please call Peter Durant, Executive Director.

1990 10' Avon Roll-up Inflatable—\$800 1997 Bombard 11' Tropik inflatable—\$900 2000 12' Sea Worthy Inflatable—\$600 1997 10'2" West Marine HBI—\$1,250 2007 Brig F300 9'10" HBI—\$2,000 2002 Puffin 8'6" Fiberglass Dinghy—\$750 2000 Dyer 8' Dinghies—\$1,600 1983 Dyer 8' Sailing Dinghy—\$750 1964 O'Day International Tempest—\$1,400 1957 Rhodes 18 with trailer—\$2,500 1980 O'Day Mariner 19' - \$2,600 1980 Flying Scot—\$1,720 1995 Capri 14.2—\$2,900 Alcort Sunfish or Sailfish—\$450 (several) Coleman Canoe—\$250 Outboards—various available

#### CBC Welcomes Youth Sailors for the U.S. O'pen Cup 'Unregatta'



In August, CBC teamed up with Bic Sport of Wareham, MA to host the U.S. O'pen Cup at Fort Taber. Youth sailors from across North America and the Caribbean enjoyed excellent weather and a range of wind conditions that made the day a fun and challenging experience. Sailors enjoyed conventional buoy racing as well as "Un-Regatta" style Giant Slalom and "O'pen Cross" courses. Mandatory capsizes, stand-up sailing, and 360s were also tons of fun. Fort Taber made for an ideal site and allowed the parents and onlookers to view the racing from the pier. This was a great event, and a great opportunity for CBC

students to try out a fun and exhilarating new boat! CBC participants Kelsey Martins, Daniel Benner, Delaney Phinney and Isaiah Ratti all participated in the event and made



great strides throughout the day to make friends and have fun on the water!

#### **CBC Hosts 2008 Buzzards Bay Regatta Laser Circle at Fort Taber**



The Buzzards Bay Regatta is one of the largest multi-class regattas in the US with approximately 450 boats and 1200 sailors from across the country travelling to New Bedford to enjoy the renowned sailing conditions on Buzzards Bay. CBC hosted the 120 boat Laser fleet at Fort Taber.

2008 marked the third time ('04, '06, '08) that CBC has hosted the Laser circle at Fort Taber. CBC is fortunate to have a

facility at Fort Taber, as the venue offers sailors a short distance to the course and spectators the ability to watch friends and family. Thanks to the many volunteers who helped make the Laser circle a success.



#### **CBC Hosts US SAILING Training**

In June. CBC hosted and facilitated two US SAIL-ING Small Boat Sailing Level 1 Instructor Courses. Nearly 25 students from across New England took part in the courses. CBC instructors were included in the training, ensuring our staff is trained to the latest of standards.

The U.S. Coast Guard approved course is designed to teach sailing instructors on-the-water group management and instruction techniques for dinghies, multihull and small daysailing keel-

boats. Topics covered include: sports psychology, sports physiology, lesson planning, safety issues, risk management, and classroom and on-the-water teaching techniques. The goal is to produce highly qualified, certified instructors.

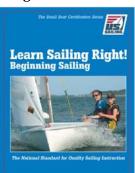
#### **Staff Joins US SAILING NATFAC**

As members of the US SAILING National Faculty (NATFAC) CBC staff members Peter Durant and Alex Howland lent their skills as content consultants to help in the development of the new US SAILING book series, Learn Sailing Right! Drawing on years of sail-

> ing and instructional experience, both Peter and Alex helped consult on both the Beginning Sailing and the current book in development, Intermediate Sailing.

In addition to the book series, Peter has been

developing the new US SAILING Level 2 Coach Trainer course and writing the new coaches manual to accompany the course.



#### **City Kids Participate in Big Boat Day**

by Ray Cullum, Vice President of Board of Directors

Nine Big Boats...twenty adults...one hundred and eight kids...and a great time is had by all. In short,

that is what occurred this summer with the reinstitution of the CBC Big Boat Days for kids. It is all about teamwork, and the kids saw first hand what it takes to handle a boat larger than a 420 or Sonar. We had a combination of sail and power which offered our students variety and the kids loved it. We gave each and every child an opportunity to get involved in the handling of the boat they were on. From raising sails, to setting the anchor to steering, everyone participated. And talk about ques-

tions!! I thought we might run out of answers! The kids were engaged throughout the two hour session they were on the boats...non stop. We almost hated coming back to CBC to drop the kids off. I am

certain the participating adults had just as good a time as the kids and maybe more. Once back, we dropped

our anchors, said our goodbyes to all those bright inexperience. were on

CBC students enjoyed some time at sea aboard CBC board member Larry Hall's boat 'Gunsmoke'.

quisitive young folks and talked about how wonderful an experience it was...and we were talking about our A few weeks after our sail, all of the skippers received thank you notes from the kids that board their boat. That clinched it, we have nine boats ready to do it again next year. It is all engagement about watching the unbridled en-

thusiasm of those kids. If you have a big boat and would like to engage next summer please let CBC know. Do it early as we may run out of room for the boats!

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Visit us online at www.communityboating.org

# Save the Date!



Third Annual 'Opening of the Bay' Celebration! Saturday, May 16, 2009